Community Resource List

Please call each resource to confirm hours and available services have not changed

Food Assistance

Braes Interfaith Ministries
Location: 4300 West Bellfort, Houston, TX 77035
Availability: Monday, Wednesday, and Friday, 10:00 AM – 2:00 PM
Helpline: (713) 723-2671
Website: www.braesinterfaithministries.org
Service Provided: Food Pantry, Clothing (Resale Shop)
Service Area: Greater Houston Area

Christian Community Service Center
Location: 3434 Branard St, Houston, TX 77027
Availability: Monday – Friday, 10:00 AM – 2:00 PM Saturday, 9:00 AM – 12:00 PM
Helpline: (713) 871-9741
Website: www.ccschouston.org
Service Provided: Food Pantry, Rental Assistance, Utilities, Limited Medical, Vision, Dental and Prescriptions
Service Area: 77002,77003,77004,77005,77006,77007,77010,77011,77012,77019,77020,77021,77023,77025,77026,77027,77028,77030,77031,77036,77046,77056,77057,77072,77074,77081,77096,77098,77401

Double up Houston Snap Incentive
Location: 2752 Buffalo Speedway, Houston, TX 77027
Availability: Saturdays, 8:00 AM – 12:00 PM
Helpline: (713) 880-5540 Ext. 1025
Website: www.urbanharvest.org/farmers-market/SNAP
Services Provided: Farmers Market, Buy one 1 Get 1 with your Lone Star or EBT Card up to $40.00 a day
Service Area: Greater Houston Area

Epiphany Community Health Outreach Services
Location: 9600 S Gessner Rd, Building E, Houston, TX 77071
Availability: Tuesdays, 7:30 AM - 10:00 AM
Helpline: (713) 270-0369
Website: http://echos-houston.org/client-services/financial_assistance/
Services Provided: Food Pantry, Financial Assistance (Rent and Utilities Zip restricted)
Service Area: 77031,77035,77036,77071,77072,77074,77081,77096,77099

First Baptist Church
Location: 8244 Long Point Rd, Houston, TX 77055
Helpline: (713) 554-8801
Availability: Tuesday – Thursday, and Saturday, 10:00 AM – 1:00 PM (By Appt Only)
Services Provided: Food Pantry
Service Area: Greater Houston Area
Community Resource List

Gulf Coast Community
Location: 9320 Kirby Dr, Houston, TX 77054
Availability: Monday, Wednesday, Thursday and Friday, 9:00 AM – 1:00 PM. Food Pantry (Drive-thru only) other services Monday – Friday, 8:00 AM - 5:00 PM
Helpline: (713) 393-4700
Website: www.gccsa.org
Service Provided: Food Pantry, Financial Assistance (Rental and Electricity)
Service Area: Harris County Area

Houston Food Bank
Location: Various
Availability: Varies on location
Helpline: (832) 369-9390
To find food pantry locations text FOOD or COMIDA to (855) 308–2282.
No Kid Hungry Program: If you have school-aged students in need of breakfast and lunch this summer text FOOD or COMIDA to 877877 to find the closest location where you can get free summer meals.
Website: www.houstonfoodbank.org/covid19
Service Provided: Food Pantry
Service Area: Greater Houston Area

Kingwood United Methodist Church – Society of St. Stephen
Location: 2307 Crystal Springs Drive, Kingwood, TX 77339
Availability: Mondays and Fridays, 9:00 AM – 11:30 AM
Helpline: (281) 358-7722
Website: https://kingwoodumc.org/missions/
Services Provided: Food Pantry
Service Area: 77327, 77336, 77339, 77345, 77346, 77357, 77365, 77372

L.I.F.E. Houston
Location: 2002 S. Wayside Dr, Houston TX 77023
Availability: Monday – Friday, 9:30 AM – 3:30 PM. Phone Appointments Only, No Face to Face Various Pick up locations
Helpline: (713) 528-6044
Website: https://www.lifehouston.org/
Service Provided: Emergency formula for babies between 0-12 months
Service Area: No Zip Code Restrictions. Pick up locations 77090, 77074, 77007, 77023, 77503

Mission Bells
Location: 15325 Bellaire Blvd, Houston, TX 77083
Availability: Tuesday and Saturday, 9:00 AM – 11:00 AM
Helpline: (281) 850-0213
Website: www.missionbells.org
Services Provided: Food Pantry
Service Area: Greater Houston Area
Community Resource List

Southeast Area Ministries
Location: 2102 Houston Blvd, South Houston, TX 77587
Availability: Call Tuesday and Thursday for next day appointment to pick up food. No walk-ins
Helpline: (713) 944-0093
Website: https://southeastareaministries.com/houston-assistance-ministries/
Services Provided: Food Pantry, Partial Financial assistance for Rent and Utilities
Service Area: 77017, 77034, 77061, 77075, 77087, 77089, 77587, 77598

St. Mary Magdalene Social Services
Location: 527 S Houston Ave, Humble, TX 77338
Availability: Wednesday, 8:30 AM Until food runs out
Helpline: (281) 540-1907
Website: www.st-mm.com
Services Provided: Food Pantry (Drive thru only), Rental Assistance, Utilities
Service Area: Greater Houston Area

St. Pius V Catholic Church
Location: 824 Main St, Pasadena, TX 77506
Availability: Fridays: Time varies/ check website for current time
Helpline: (713) 473-9484
Website: www.stpiusvchurch.com
Service Provided: Food Pantry (Drive -Thru only)
Service Area: Greater Houston Area

Wesley Community Center
Location: 1235 Lorraine St, Houston, TX 77009
Availability: Wednesday and Friday, 9:00 AM – 12:00 PM
Helpline: (713) 223-8131
Website: https://www.wesleyhousehouston.org
Services Provided: Food Pantry, Financial Assistance (Rent and Utility)
Service Area: Greater Houston Area

Financial Assistance

Harris County Social Services
Location: 9418 Jensen Drive, Houston, TX 77093
Availability: Monday - Friday, 8:00 AM – 5:00 PM
Helpline: (713) 696-7900
Website: www.csd.harriscountytx.gov
Service Provided: Financial Assistance (Rent and Utilities- Gas, Water, Electric)
Service Area: Greater Houston Area
Interfaith Caring Ministries  
**Location:** 151 Park Avenue, League City, TX 77573  
**Availability:** Monday – Thursday, 8:30 AM – 4:30 PM and Friday, 8:30 AM – 1:00 PM. Call to schedule an appointment  
**Helpline:** (281) 332-3881  
**Services Provided:** Financial Assistance (Rent and Utility), Food Pantry Requirements for Financial Assistance  
**Service Area:** Must reside in Clear Creek or Friendswood ISD area

Katy Christian Ministries  
**Location:** 5506 First Street, Katy, TX 77493  
**Availability:** Monday – Thursday, 9:00 AM -12:00 PM & 1:00 PM – 5:00 PM. Call for an appointment, applications are done over the phone  
**Helpline:** (281) 391-9623  
**Website:** [https://ktcm.org/](https://ktcm.org/)  
**Services Provided:** Financial Assistance, Social Services, Counseling, Food Pantry  
**Service Area:** Must reside in the Katy ISD area

Kingwood United Methodist Church – Society of St. Stephen  
**Location:** 2307 Crystal Springs Drive, Kingwood, TX 77339  
**Availability:** Monday and Friday 09:00 AM – 11:30 AM  
**Helpline:** (281) 358-7722  
**Website:** [https://kingwoodumc.org/missions/](https://kingwoodumc.org/missions/)  
**Services Provided:** Food Pantry, Limited financial assistance for utilities  
**Service Area:** 77327, 77336, 77339, 77345, 77346, 77357, 77365, 77372

Counseling Support  
**Availability:** 24/7  
**Helpline:** (713) 970-7000  
**Website:** [https://www.theharriscenter.org](https://www.theharriscenter.org)  
**Service Provided:** Mental Health Counseling  
**Service Area:** Harris County

**National Alliance on Mental Illness (NAMI)**  
**Availability:** Monday – Friday, 10:00 AM – 6:00 PM  
**Helpline:** 1-800-950-6264 or text “TX” to 741741 (Crisis Line, available 24/7)  
**Website:** [https://nami.org/Home](https://nami.org/Home)  
**Service Provided:** Mental Health Services  
**Service Area:** Nationwide
Northeast Mental Health Crisis Clinic
Location: 18838 S Memorial Dr, Suite 106, Humble, TX 77338
Availability: Monday – Friday, 8:00 AM – 4:00 PM. Appointments preferred, walk-ins welcome
Helpline: (713) 338-6422
Website: http://www.memorialhermann.org/locations/northeast-mental-health-crisis-clinic/
Service Provided: Mental Health Services. Financial assistance is available for those who do not have insurance
Service Area: Greater Houston Area

Texas Health and Human Services (HHS) COVID Support Line
Availability: 24/7
Helpline: (833) 986-1919
Website: https://hhs.texas.gov/services/mental-health-substance-use
Service Provided: Mental Health Services.
Service Area: Texas

The Disaster Distress Helpline
Availability: 24/7
Helpline: 1-800-985-5990 or text “TalkWithUs” to 66746
Website: https://www.samhsa.gov/find-help/disaster-distress-helpline
Service Provided: Emotional distress and mental health counseling during or after a natural or man-made disaster
Service Area: Nationwide

The National Suicide Prevention Lifeline
Availability: 24/7
Helpline: 1-800-273-8255
Website: https://suicidepreventionlifeline.org/
Service Provided: Mental Health Services. For individuals dealing with suicidal thoughts
Service Area: Nationwide

The Trevor Project
Availability: 24/7
Helpline: 1-866-488-7386 or text “START” to 6786780
Website: https://www.thetrevorproject.org/
Service Provided: Mental Health Services for LBGTQ youth
Service Area: Nationwide

Veterans Crisis Line
Availability: 24/7
Helpline: -800-273-8255, option 1, or text 838255
Website: https://www.veteranscrisisline.net/
Service Provided: Mental Health Services
Service Area: Nationwide
Houston Area Women’s Center
Location: 1010 Waugh Dr, Houston, TX 77019
Availability: 24/7
Helpline: (713) 528-2121
Website: https://hawc.org/
Services Provided: Counseling (over the phone), Shelter (women and children only), Limited Legal Services, and Children’s Court Services
Service Area: Greater Houston Area

Family Time Crisis and Counseling Center
Location: 1203 S Houston Ave, Humble, TX 77338
Availability: 24/7
Helpline: (281) 446-2615
Website: https://familytimeccc.org/
Services Provided: Counseling, Shelter (Domestic Violence, Human Trafficking and Sexual Assault), Limited Legal Services, On-Site Childcare
Service Area: Greater Houston Area

Fort Bend Women’s Center
Location: 501 E Highway 90A, Richmond, TX 77406
Availability: 24/7
Helpline: (281) 342-4357
Website: https://fbwc.org/
Services Provided: Counseling, Shelter (Women, Men, and Children), Limited Legal Services
Service Area: Greater Houston Area

Northwest Assistance Ministries
Location: 15555 Kuykendahl Rd, Houston TX 77090
Availability: Monday – Thursday, 8:00 AM – 5:00 PM and Friday, 8:00 AM – 4:00 PM
Helpline: (281) 885-4555 or Crisis Hotline: 281-885-4673 - 24/7
Website: https://www.namonline.org
Service Provided: Counseling (Adults), Financial (Rent, Utilities) and Food for victims of Domestic violence
Service Area: Greater Houston Area
**FEMA**
**Availability:** 24/7
**Disaster Assistance Helpline:** 800-621-3362
**Website:** [www.disasterassistance.gov](http://www.disasterassistance.gov)
**Services Provided:** Assistance can include grants for temporary housing and home repairs, low-cost loans to cover uninsured property losses and other programs to help individuals and business owners recover from the effects of the disaster.
**Service Area:** Brazoria, Fort Bend, Harris, Montgomery Counties.

**Harris Health “Ask My Nurse”**
**Availability:** 24/7
**Helpline:** (713) 634-1110
**Website:** [https://www.harrishealth.org/services-hh/outreach/Pages/ask-a-nurse.aspx](https://www.harrishealth.org/services-hh/outreach/Pages/ask-a-nurse.aspx)
**Services Provided:** COVID Related Questions
**Service Area:** Harris County

**Lone Star Legal**
**Location:** 500 Jefferson St, 17th Fl, Houston, TX 77002
**Availability:** Monday – Friday, 8:00 AM – 5:00 PM
**Helpline:** (713) 652-0077 or 1-800-733-8394
**Website:** [https://www.lonestarlegal.org/](https://www.lonestarlegal.org/)
**Services Provided:** Legal Help, COVID-19 Evictions, and Other Resources
**Service Area:** Texas

**National Council on Aging**
**Availability:** Monday – Friday, 9 AM – 5 PM ET
**Helpline:** 1-800-794-6559
**Website:** [www.ncoa.org](http://www.ncoa.org)
**Services Provided:** Food Assistance, Medication, Utility Assistance, Health Care, Rent/Mortgage Assistance and Housing
**Service Area:** Nationwide

**Texas Workforce Commission**
**Location:** Various
**Availability:** Varies on location
**Helpline:** 1-800-939-6631
**Services Provided:** Unemployment Benefits, Job Matching, Recruiting, and Training
**Service Area:** Texas
United Way of Greater Houston
Location: 500 Waugh Dr. Houston, TX 77007
Availability: 211 HELPLINE open 24/7, call for updates
Helpline: 2-1-1
Website: https://www.unitedwayhouston.org/
Services Provided: Food Assistance, Disaster Preparedness & Recovery, Education, Utility Assistance, Health Care, Rent/Mortgage Assistance and Housing or Shelter
Service Area: Greater Houston Area