

# Meadow Heights Menus January 2022

## Breakfast

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Sausage Biscuit	Biscuit & Gravy	Breakfast Pizza	Chicken & Toast	Cinnamon Roll

A variety of Juice and Milk offered daily.

## Lunch

Additional Elementary, Middle and High School Choices

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Cheeseburger	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Sandwich	Tuna Salad	Chicken Patty

3 <b>NO SCHOOL</b>	4 <b>NO SCHOOL</b>	5 Macaroni & Cheese Mixed Vegetables Blueberries	6 Chili Cheese Dog Or Hotdog Tater Tots Oranges	7 BBQ Rib Patty Sweet Corn Hula Cooler Slushie
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10 Beef Stew Broccoli Salad Hot Roll Grape Juice	11 Mosticcoli Green Beans Garlic Cheese Biscuit Pears	12 Sliced Turkey M Potatoes & Gravy Hawaiian Roll Baked Apples	<u>5<sup>th</sup> Grade Choice</u> 13 Chicken & Waffles Syrup Hash Brown Mandarin Oranges	14 Chicken Quesadilla Salsa/Refried Beans Cinnamon Applesauce Cinnamon Stick
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17 <b>NO SCHOOL</b>	18 Popcorn Chicken Ranch Potatoes Texas Toast Strawberries	19 Country Fried Pork Steak/Biscuit M. Potatoes & Gravy Apple Juice	20 Pulled Pork on Bun Baked Potato w/Cheese Sauce Cantaloupe	21 Corndog Baked Beans Banana
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24 Italian Combo Sub Lettuce/Tomato/Pickle Orange Juice No Bake Cookie	25 Nachos Taco Bean Dip Mixed Fruit w/Bananas	26 Chicken & Noodles Green Beans Hot Roll Blueberries	<u>4<sup>th</sup> Grade Choice</u> 27 Bosco Sticks Spaghetti Sauce Baby Carrots/Ranch Cherry "Be Mine" Slushie	28 Pepperoni Pizza Ranch Garden Salad Peaches
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31 Chicken Patty Waffle Fries Lettuce/Tomato/Pickles Applesauce
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Variety of Milk, Fruit, and Vegetables Offered Daily.  
Menu subject to change according to availability.  
The USDA is an equal opportunity employer.

