



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE OR SUBSTITUTION WITHOUT NOTICE				1
4	5 Breakfast bake or cereal, toast fruit, juice, milk Cheeseburger, baked beans, fruit & veggie bar, milk	6 Cereal, WG muffin, fruit, juice, milk Tater tot hotdish, peas, bread & butter, fruit & veggie bar, milk	7 Biscuits & gravy or cereal, cheese stick, fruit, juice, milk Chicken strips w/sauce, fried rice, green beans, fruit & veggie bar, milk	8 Blueberry muffin square or cereal, hardboiled egg, fruit, juice, milk Beef stroganoff, dinner roll, carrots, fruit & veggie bar, milk
11 Omelet or cereal, toast, fruit, juice, milk Sub sandwich, baked chips, mixed veggies, fruit & veggie bar, milk	12 Wg sausage biscuit or cereal, yogurt, fruit & veggie bar, milk Hamburger gravy over mashed potatoes, peas, bread & butter, fruit & veggie bar, milk	13 Scrambled eggs w/cheese, cereal, bagel, fruit, juice, milk Hotdog on WG bun, baked beans, fruit & veggie bar, milk	14 Tater tot scramble or cereal, toast, fruit, juice, milk Chicken noodle soup, ½ sandwich, carrots, fruit & veggie bar, milk School board	15 Cinnamon roll or cereal, yogurt, fruit, juice, milk Spaghetti, peas, fruit & veggie bar, milk
18 Breakfast pizza or cereal, yogurt, fruit, juice, milk Wild rice hotdish, corn, fruit & veggie bar, milk	19 Egg, sausage, toast or cereal, fruit, juice, milk Taco in a bag, infused rice, refried beans, fruit & veggie bar, milk	20 Cereal, muffin, yogurt, fruit, juice, milk Meatloaf, mashed potatoes, dinner roll, fruit & veggie bar, milk	21 	22 
25 Oatmeal round, cereal, yogurt, fruit, milk Pizza, green beans, fruit & veggie bar, milk	26 Pancakes, sausage, or cereal, fruit, juice, milk Beef stew, dinner roll, peas, fruit & veggie bar, milk	27 Scrambled eggs, toast, or cereal, fruit, juice, milk Macaroni hotdish, corn, bread & butter fruit & veggie bar, milk	28 Cinnamon muffin square, or cereal, cheese stick, fruit, juice, milk Hamburger, baked beans, fruit & veggie bar, milk	29 Hardboiled egg, bagel, or cereal, fruit & veggie bar, milk Mini corndogs, tater tots, fruit & veggie bar, milk